

Weight Loss Packages



Slim Diva Package

Designed to help women achieve sustainable, confidence-building weight loss through personalized, evidence-based care. The Slim Diva Track focuses on a holistic, medication-free approach that emphasizes lifestyle modifications, nutrition, and movement for natural, lasting results. Includes a comprehensive Food Sensitivity Panel to identify triggers that may be slowing progress. We will create a customized meal and fitness plan that fits your body's unique needs. Together, we'll identify which path aligns best with your goals while empowering you to reclaim your health, energy, and confidence.

*Free gift included



Slim Queen Package

This package includes all the benefits of the Slim Diva, but with medical weight loss therapy using GLP-1 medications (such as compounded Semaglutide), to enhance metabolism, curb appetite, and support steady fat reduction. Includes a comprehensive Food Sensitivity Panel to identify triggers that may be slowing progress. We will create a customized meal and fitness plan that fits your body's unique needs.

*Free gift included